

Ellon Physiotherapy Infection Control Policy

Covid-19

- All patients and physiotherapists should use hand sanitiser provided when entering and leaving the Business Centre.
- Appropriate PPE will be supplied and should be worn at all appropriate times. See separate PPE policy.
- All patients will be screened by telephone prior to any face to face contact. This will establish they are free of any covid-19 symptoms, and establish face to face contact is appropriate. This may be done by reception who have a list of screening questions that should be asked prior to booking an appointment. Patients will also be informed of correct procedure when attending the clinic.
 - Patients should approach reception and ring the bell to be allowed in. The reception area is large enough to allow for 2m distancing, and it is not anticipated that there will be more than 2 people in the area. If they feel safer remaining in their car, then they should call the clinic when they arrive so the physiotherapist can go and collect them for their appointment.
 - They should wear a mask when in the Business Centre. If they do not have their own, we will provide one.
 - 2m distancing should be maintained when at all possible.
 - By attending the clinic, patients and any carer that attends the appointment with them are consenting to Ellon Physiotherapy sharing their contact details with test and trace should we be asked for them.
- Physical treatment will be carried out following a risk assessment discussed with the patient and consent given and documented. Further screening for Covid-19 symptoms should be carried out at the start of each appointment.
- Payment by BACS or contactless payment will be encouraged. The card machine should be wiped down after every use.
- Cleaning procedures will be adhered to as per the Cleaning Policy. This applies to after each patient and at the end of each clinic.
- PPE Policy will be adhered to at all times. This includes following the correct donning and doffing procedure.
- Uniforms will be laundered by staff at 60 degrees following each clinic.

Ellon Physiotherapy Covid-19 PPE Policy

PPE will be supplied and should be worn as appropriate for all face to face treatments when 2m distancing cannot be maintained.

These include disposable, single use aprons, gloves, and fluid resistant surgical masks (Type IIR) for every patient. A face visor should be worn if a risk assessment deems it necessary-i.e. If close face to face treatment being carried out, or any AGP .

Hands should ideally be washed prior to use of PPE. If not possible, the use of hand sanitiser is acceptable.

These should be donned and doffed as per the attached guidelines, with hand washing after removal. It is each individual's responsibility to ensure that PPE fits well.

All PPE should be placed in a disposable rubbish bag, which should be double bagged, tied and kept in a secure place for 72 hrs when it can be placed in non recyclable household waste.

Ellon Physiotherapy Covid-19 Cleaning Policy

After Every Patient

All hard surfaces that patient has made contact with will be wiped down thoroughly with detergent impregnated wipes or a solution of Milton and water (2 capfuls of milton to 1L water). This includes plinths, pillow cases, equipment, desk, pens, chairs, doors and handles and card machine.

Pillow cases will be wipeable and should be thoroughly cleaned after each patient. Change pillow case if necessary.

Windows and doors should be open during consultation and between patients if at all possible. In colder weather, windows should be opened in between patients, but can be closed during treatment.

After Every Clinic

As above, plus all hard surfaces the physiotherapist has made contact with, adding computer keyboard and mouse, filing cabinet, bin and equipment shelves/trays to the list above.

Clinic floor should be swept and mopped.

Attached is the guide to routine decontamination of reusable patient care equipment from NHS England.